



news

news from the trunk

Thursday, January 23, 2020



KAS STUDENTS PREPARING FOR THE SUDAN NATIONAL SPELLING BEE (SNB)

Superintendent's Message

Dear KAS Community,

If you came into the school campus this morning you may have noticed we now have flags on the flagpoles at the front of school. The Sudanese, American and KAS flags are flying, representing the multiple facets of KAS' identity.

I would like to thank the PTA for organizing this initiative alongside other beautification projects on campus. If you are interested in finding out more about KAS PTA please get in touch with Sara Abugarga (sabugarga@krtams.org).

Best wishes,

Bridget Davies
KAS Superintendent
bdavies@krtams.org



KAS UPCOMING EVENTS

January 22: Board Meeting

January 23: Parent Seminar - Is it mean, Is it rude, Is it bullying?

January 25: Middle School Basketball (Boys at KICS, Girls at KAS)

January 29: MS/HS 4Cs Awards

January 29: WWW Celebration

Middle School Physical Education New Year's Resolution Challenge

January is the time for making resolutions. And so it is with my 7th and 8th grade physical education classes in the year 2020. Each student has been challenged with making an eight-week physical activity resolution, either related to exercise or a sport skill. The choice of activity must be something in which they are not already proficient.

To increase the motivation to stay committed, their challenges will be graded. A grading rubric was developed to help each student determine commitment and accomplishment; from a grade of D (low-level) to that of an A (high-level).

Here are examples of the self-selected challenges from the students:

Grade 8:

Boxing challenge - Ammar

Jogging challenge - Haji, Caspia, Mustafa, Sahar, Nawal, Duha, Aseel, Mohamed, Ismail and Leena

Grade 7:

Soccer / Football shooting challenge – Amro, Hassan and David

Jogging challenge – Mina, Sugya and Joyce

Increasing flexibility challenge – Hee-eun, Katya and Lujain

Basketball challenge – Sahed and Daniel

Squat challenge – Hanadi

We will all help motivate each other for the next eight weeks and subsequently seek to realize the accomplishment of our resolutions.

Dr. Christopher Rampacek

Middle School Physical Education Teacher

A Message from the Early Childhood & Elementary Principal

Onomatopoeia, epitaph, magnanimous and zabaglione. These are only a few words that our students have been studying to compete in the Sudan National Spelling Bee. This is the 7th year of the SNB (Sudan National Spelling Bee) and will be the third time that Khartoum American School has sent representatives to the competition. The students were selected through our own spelling bee at KAS.

Last Thursday we conducted our own spelling bee at Khartoum American School to find the top spellers in five categories of groupings. Using the word list and age groupings set by the SNB we chose the top two spellers from each category, except for the 1st and 2nd grade division. The top speller in the 1st & 2nd grade internal competition was Danny Yacoub. The other four groups were grades 3 & 4, 5 & 6, 7 & 8 and grades 9 & 10. After the first round each division had a few competitors left who then battled it out for the final two spellers from each category.

Our division champs and representatives for the Sudan National Spelling

Bee are as follow: 3rd & 4th grade are Amena Talha and Ahmed Yousif, 5th & 6th grade are Ahmed Adani and Jason Barakat, 7th & 8th grade are Mostafa ElSanousi and Sahar Abdelsalam, and for the 9th & 10th grade division, our representatives are Maryam Shakeel and Shinjini Kashyap.

The Sudan National Spelling Bee will be held this weekend, January 25th and 26th, at the British Education Schools. There are over 35 schools being represented with the biggest division having over 66 competitors. The top speller from each division will go on to represent Sudan in the Africa Spelling Bee that will be held in Nigeria. This should be a fun weekend with lots of talent on display.

Good luck KAS spellers!

Jeremy Albright

Early Childhood & Elementary Principal



What's Happening in Your Child's PE Class

So far, the students have enjoyed several games and activities that we have participated in in physical education; and the fun is just beginning! activities that emphasize participation, cooperation, and success through personal goals.



A key element that contributes to student success and well-being is safety. While in PE class, students need to wear appropriate clothing and footwear. Clothing should be conducive to movement. Our recommendation is for students to wear athletic shoes, however, if your child does not have athletic shoes, it is important that the shoes your child wears has laces or Velcro-style straps.



A typical lesson of PE consists of warm-ups, a game or other activity, and working on learning goals. Physical education is an integral part of your child's education and contributes to his or her growth and development. It is our goal to give your child a positive PE experience and to help him or her gain an appreciation for the importance of staying active. Your child will have experiences in individual, team, and group



Gilles Peyron
P.E. Teacher

Saying of the Week

While die hard typically refers to someone with a strong dedication to a particular set of beliefs, the term "**die hard**" originally had a series of much more literal meanings. In its earliest incarnation in the 1700s, the expression described condemned men who struggled the longest when they were executed by hanging. The phrase later became even more popular after 1811's Battle of Albuera during the Napoleonic Wars. In the midst of the fight, a wounded British officer named William Inglis supposedly urged his unit forward by bellowing "Stand your ground and die hard ... make the enemy pay dear for each of us!" Inglis' 57th Regiment suffered 75 percent casualties during the battle, and went on to earn the nickname "the Die Hards."

Minette van der Bij
High School English Department